

HOTEL MONTE VISTA

Flagstaff, Arizona | Historic Hotel

FIELD INVESTIGATION / HOTEL MONTE VISTA

A historic Flagstaff hotel with Route 66-era ghost stories.

Opened in 1927 as a community-funded hotel in downtown Flagstaff, Hotel Monte Vista has hosted travelers and entertainers.

DOCUMENTED HISTORY

Hotel Monte Vista opened on January 1, 1927, following community fundraising. Its downtown location made it a landmark for travelers and visiting film crews.

REPORTED PARANORMAL ACTIVITY

Hotel folklore describes the phantom bellboy, Meat Man of Room 220, the rocking chair of Room 305, and the women of Room 306.

LEGEND CHECK

DOCUMENTED

The 1927 opening and community-funded origins are documented.

PARANORMAL TRADITION

Room-specific apparitions and alleged deaths remain unverified.

PARANORMAL HOTSPOTS

ROOM 210	Bellboy legend; consider hallway sounds.
ROOM 220	Meat Man legend; respect occupied rooms.
ROOM 305	Rocking chair; compare airflow and vibration.
ROOM 306	Two-women legend; do not disturb guests.

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WHAT TO WATCH FOR

☐ Knocks / room sounds

☐ Voices / hallway speech

☐ Shadow / reflection

☐ Furniture / floor noise

☐ Temperature / airflow

☐ Ventilation / plumbing

☐ Guests / hotel staff

☐ Street / traffic sounds

BASELINE NOTES

SOUND / ACOUSTICS

LIGHT / REFLECTIONS

AIRFLOW / TEMPERATURE

PEOPLE / ACTIVITY

WEATHER / EXTERIOR

OTHER CONTROLS

INVESTIGATOR NOTES

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THE HOTEL KNOCK-AND-ECHO BASELINE

From a permitted guest or public area, compare ordinary hallway sounds, knocks, and reflections before interpreting unusual experiences.

1. POSITION

Note the permitted location and hallway.

2. BASELINE

List guests, plumbing, traffic, and HVAC.

3. LIGHT

Check mirrors, windows, and shadows.

4. SOUND

Compare knocks with adjacent activity.

5. REPEAT

Record timing and repeatable conditions.

6. RESULT

Separate known causes from questions.

LOCATION PROTOCOL

Hotel Monte Vista is an operating hotel. Respect guest privacy and obtain management permission for organized investigations or recording.

CHALLENGE RESULT

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VISITOR INFORMATION

Hotel Monte Vista | 100 N San Francisco Street, Flagstaff, AZ 86001. Phone: (928) 779-6971. Confirm room availability and policies.

LINKS + RESOURCES

OFFICIAL HOTEL



HISTORY + LEGENDS



RESERVATIONS



VISIT COMPLETION

☐

Respected guest privacy

☐

Reviewed hotel history

☐

Checked hotel rules

☐

Researched room legends

☐

Completed acoustic baseline

☐

Followed hotel protocol

FIELD JOURNAL

INVESTIGATION #

VISIT DATE

ONE THING I COULD NOT EXPLAIN

Research basis: Hotel Monte Vista published history and attributed folklore.